



## Saint Paul Psychotherapy

### Didactic Training Calendar 2026

Students who are interested in the possibility of a future practicum position with St. Paul Psychotherapy are welcome to attend. To reserve your spot, email: [info@stptherapy.org](mailto:info@stptherapy.org)

**AI in Psychotherapy: Ethical Considerations and Best Practice Recommendations - Ian Evans, PsyD, LP - (1/21)**

**Interpersonal Process and Immediacy in Psychotherapy - Alexa Fetzer, PhD, LP - (2/18)**

**Working with Adults who have ADHD: Supporting Strengths and Addressing Challenges - Derek Otte, MSW, LICSW - (3/18)**

**Introduction to Gestalt Theory - Tobin Shelton, MPH, LICSW- (4/15)**

**Supporting Patients with Healthy Anger and Boundary Setting - Clifford Buhl, PsyD, LP - (5/20)**

**Getting the Most from Supervision - Alexa Fetzer, PhD, LP & Oliver Ross, PsyD, LP - (6/17)**

**Introduction to Core Competencies in Relational Psychoanalysis - Oliver Ross, PsyD, LP - (7/15)**

**Working with the Masochistic Personality Profile - Matthew Champ, MA, LPCC - (8/19)**

**Facilitating Internal Dialogue: The Empty Chair Technique - Ryan Peterson, MA, LPCC, NBCCH - (9/16)**

**Four Existential Dilemmas and Clinical Applications - Joe Graves, MA, LPCC candidate - (10/21)**

**Clinical Application of Lacanian Theory for Early Career Therapists - Rafael Cohen, MA, ART-BC, LPCC - (11/18)**

(All groups meet the 3rd Wednesday of the month at 1pm, and last approximately one hour)