



## Saint Paul Psychotherapy

### Didactic Training Calendar 2026

Students who are interested in the possibility of a future practicum position with St. Paul Psychotherapy are welcome to attend. To reserve your spot, email: [info@stptherapy.org](mailto:info@stptherapy.org)

**AI in Psychotherapy: Ethical Considerations and Best Practice Recommendations** - *Ian Evans, PsyD, LP* - (1/21)

**Interpersonal Process and Immediacy in Psychotherapy** - *Alexa Fetzer, PhD, LP* - (2/18)

**Working with Adults who have ADHD: Supporting Strengths and Addressing Challenges** - *Derek Otte, MSW, LICSW* - (3/18)

**Introduction to Gestalt Theory** - *Tobin Shelton, MPH, LICSW* - (4/15)

**Supporting Patients with Healthy Anger and Boundary Setting** - *Clifford Buhl, PsyD, LP* - (5/20)

**Getting the Most from Supervision** - *Alexa Fetzer, PhD, LP & Oliver Ross, PsyD, LP* - (6/17)

**Introduction to Core Competencies in Relational Psychoanalysis** - *Oliver Ross, PsyD, LP* - (7/15)

**Working with the Masochistic Personality Profile** - *Matthew Champ, MA, LPCC* - (8/19)

**Facilitating Internal Dialogue: The Empty Chair Technique** - *Ryan Peterson, MA, LPCC, NBCCH* - (9/16)

**Four Existential Dilemmas and Clinical Applications** - *Joe Graves, MA, LPCC candidate* - (10/21)

**Clinical Application of Lacanian Theory for Early Career Therapists** - *Rafael Cohen, MA, ART-BC, LPCC* - (11/18)

(All groups meet the 3rd Wednesday of the month at 1pm, and last approximately one hour)